

Nature Fix Happier Healthier Creative

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Summary:

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The Nature Fix " Florence Williams The Nature Fix: Why nature makes us happier, healthier, and more creative By Florence Williams An intrepid investigation into nature's restorative benefits by a prize-winning author. The Nature Fix | W. W. Norton & Company The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative. Paperback. Endorsements & Reviews [A] lively exploration of what modern research has to say about the myriad health benefits of the great outdoors. . . Ms. Williams resists the tendency of so much nature writing towards easy epiphanies, adopting a tone that is.

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